## POLK ASSOCIATION FOR WOMEN LAWYERS ("PAWL")

## 10th Judicial Circuit Polk County Courthouse Lactation Room Use Guidelines

- The Polk Association of Women Lawyers (PAWL) and the Tenth Judicial Circuit have established a lactation room for women in need of a space to nurse a child or to use a breast pump to express breast milk.
- 2. The lactation room offers a dedicated comfortable, private, quiet space for nursing mothers to nurse their children or pump their breast milk during their time at the courthouse. The room contains a chair, refrigerator, microwave, and hand sanitizing station.
- 3. The room is located on the courthouse's 9<sup>th</sup> Floor, Blue Elevators, and is available to all nursing mothers. It can be accessed by contacting Court Administration at (863)-534-4686. Attorneys may also request that their courthouse attorney cards/IDs be activated for access to the lactation room.
- 4. The lactation room operates on a "first come, first served" basis.
- Users may access the lactation room <u>only</u> for the purposes of breastfeeding children, and expressing, storing and collecting breast milk. The door to the lactation room shall be kept locked.
- 6. It is the responsibility of everyone using the lactation room to maintain a clean room ready for the next user. All breast milk spills must be cleaned using the cleaning solutions provided.
- 7. Expressed milk stored in the refrigerator must be labeled with the user's name, date, and telephone number.
- 8. You are also required to complete the sign-in sheet located in the lactation room.
- 9. It is the responsibility of each user to remove stored milk by 5:00 p.m. each day. Any expressed milk remaining in the refrigerator past this timeline will be throw out.
- 10. It is the responsibility of each user to ensure that the refrigerator is kept clean.